

Backpacking Equipment List (Non-Winter)

(Bring packed to shakedown)

Consider borrowing equipment you don't already own. Everything must be packed in. Keep weight down; bring as little as possible but be sure to bring essentials. Total pack weight is not to exceed 25% of body weight. All clothes, sleeping gear and food are stored in waterproof bags (ziplocks). [BC] = goes in bear canister, away from tent area. [SD] = stored in sump or dining area away from tent area.

Basic Gear

- Frame pack with hip belt
- Pack cover (packs stay outside tent; heavy garbage bag OK)
- Sleeping bag in waterproof (garbage) bag
- Sleeping pad (optional)
- Hiking Boots not on ground at night
- Water bottles/bladder 1 qt. for every 100 lbs. Weight
- Extra plastic bags for trash, dirty clothes, etc. (Ziplocks and garbage bags)

Camping/Hiking Gear

- Map (supplied) in Ziplock bag
- Compass
- Pocket knife/Leatherman
- Small flashlight or headlamp with new batteries
- Whistle - accessible; not packed
- [BC] Matches in waterproof container or disposable lighter
- Walking stick/trekking poles

Clothes (wearing + packing)

- Socks (3 heavy wool pairs, 3 liner pairs)
- Shorts/pants (2) not cotton

- Tee shirts (3)
- Underwear (3) not cotton
- Sleepwear
- Fleece jacket
- Long sleeve shirt
- Poncho or rain suit
- Hat, bandanna, bug netting
- Sandals/light sneakers to relax in camp (optional but highly recommended)

Toiletries/Personal (BB items not used after 5:00pm)

- [BC] Biodegradable soap
- [BC] Toothbrush/paste
- [BC] Sunscreen
- [BC] Lip balm
- [BC] Insect repellent
- [BC] Small first aid kit -- moleskin, bandages, drugs for medical conditions (allergies) or to self-administer (Advil), medical card
- Toilet paper in Ziplock bag
- [BC] Hand sanitizer (inside of toilet paper roll)
- Watch
- Money
- Sunglasses with hard case
- [BC] Camera

- Mesh bags
- Backpacking towel

Cooking & Eating

- [BC] Food
- [SD] Spoon
- [SD] Bowl
- [SD] Cup (preferably with measured markings)

Shared with buddy

- Tent
- Ground cloth for under tent
- [SD] Backpacking stove
- [SD] Fuel bottle
- Stove repair kit
- Water filter, iodine or chlorine
- Parachute cord (25 ft.)

Shared Crew Equipment

- [SD] Pots for heating water, etc.
- [SD] Cleaning/scrub pad
- Bear canister
- 75-100 ft. parachute cord
- Trowel (for cat holes & sump)
- [BC] Repair kit - needle, thread, duct tape, wire ties, etc.
- Dining fly (optional)
- Wilderness permit
- Shower/wash bag